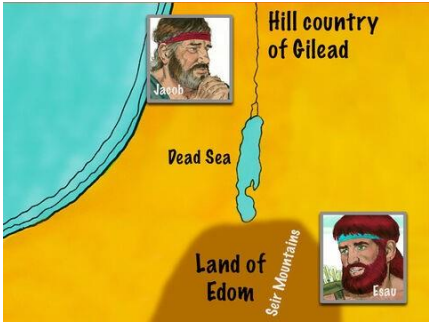


**Sunday 4<sup>th</sup> July**  
**Genesis 32: Wrestling with God**

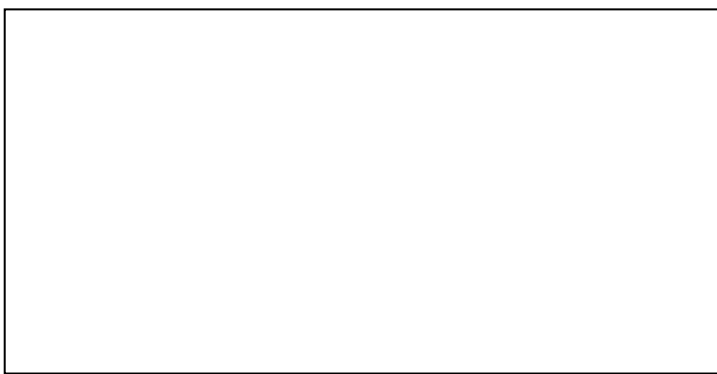
**1. Jacob's return (v.1-21)**



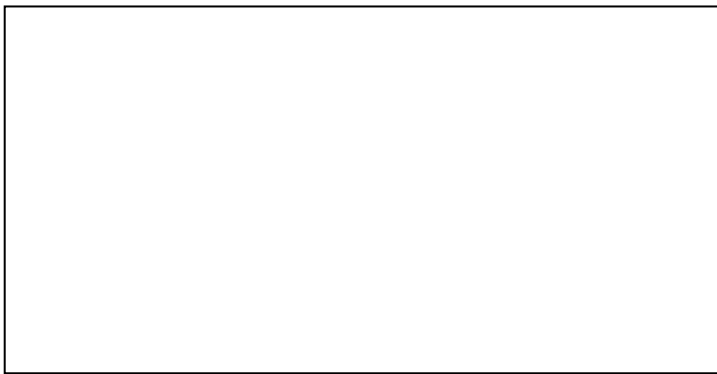

Hill country of Gilead  
Dead Sea  
Land of Edom  
Sair Mountains



**2. Jacob's struggle (v.22-26)**



**3. Jacob's transformation (v.26-32)**

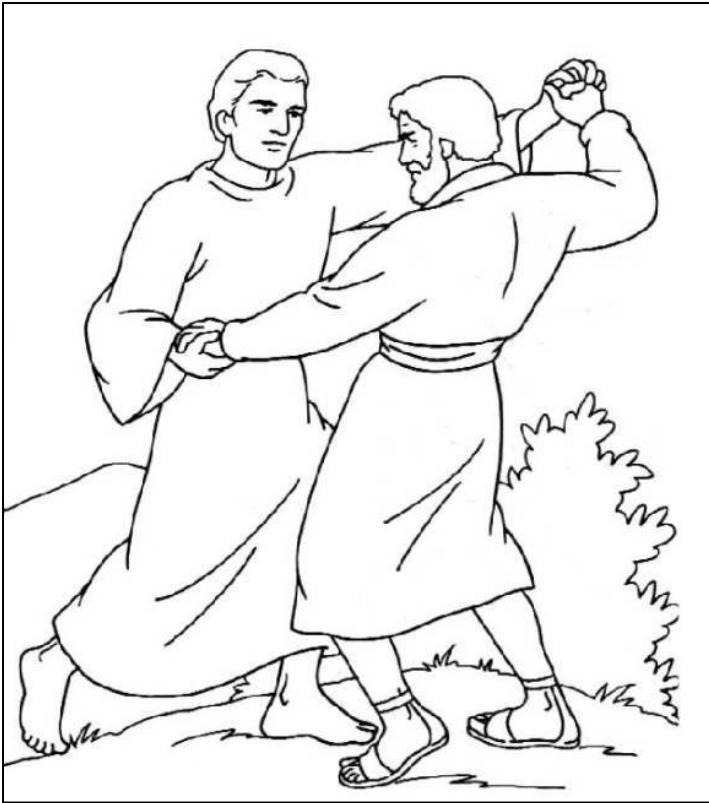


"My commitment to wrestle with God"

**Sunday coffee chat**

How do we 'get real' with God like Jacob did in today's story?





Children, as you colour, think about these questions:

1. Who are the two people in this picture and what are they doing?
2. How did God transform Jacob's life?
3. How might you put Jesus at the centre of your life?

### Things to think about, discuss, and pray through this week:



What 'unfinished business' do you have in your life? Does any of it include a relationship issue that needs some resolution?

How does Jacob's reaction to his brother coming with 400 men show that he is still partly living in his own strength?

Have you ever 'wrestled' with God? How did it come about? What came from it?

Are you not sure how to 'wrestle with God'? Are you prepared to be honest with Him but also to surrender to Him, enjoying his blessing in His way? Can you ask someone to walk with you in your struggle?

What transformation have you seen God make in you? What transformation do you still desire?

In what ways are you now 'walking with a limp'? Why is being humble before God so good for us?