



Sunday 31st May 2026
Luke 12:22-34 – Do not worry

Do not worry – an instruction (v.22-23)

Consider the birds and flowers – a reflection (v.24-30)

Seek God's Kingdom – a priority (v.31-34)

Questions to discuss in our Growth Groups and personal reflection

Do not worry – an instruction (v.22-23)

When was the last time you worried about not having enough? What caused it and what did you do with it?

What is Jesus' first reason not to worry about food and clothes, in v.23? What is the "more" that Jesus is referring to and how does this satisfy?

So, how does the bigger picture about our lives help to bring some perspective about current struggles?

Consider the birds and flowers – a reflection (v.24-30)

When we look at the world around us, what does it teach us about God?

When have you made a deliberate choice to slow down to observe something in God's creation and reflect on what He might be telling you through it?

What 2 things in nature did Jesus tell his disciples to "consider" and why?

How might following Jesus' advice help you to replace negative worry with constructive thinking & find assurance from God?

As well as our minds, how does Jesus link worry with what we set our hearts on (v.29-30)? Where do pagans set their hearts and where do Christians set their hearts, and why?

Seek God's Kingdom – a priority (v.31-34)

What does Jesus tell us to pursue and why?

Why, with Jesus' disciples worrying about having enough, does he then tell them to give things away?

What comforts and what challenges have you found in today's passage and what are you going to do with them?