



Sunday 1st February 2026

“Another advocate” – John 14:15-31

The Holy Spirit is with us and in us for ever (v.15-20)

The Holy Spirit helps us to obey Jesus’ commands (v.21-26)

The Holy Spirit causes us to experience heavenly peace (v.27-31)

Questions to discuss in our Growth Groups and personal reflection

Read John 14:15-31

The Holy Spirit is with us and in us for ever (v.15-20)

What is an 'advocate'? Can you give some examples in daily life?

How is Jesus our greatest advocate (see 1 John 2:1-2)?

So, in what way is the Spirit of Truth 'another advocate'?

How does receiving the Spirit alienate us from the world (v.17)? What challenges do you have living as a Christian in this world?

What are the amazing promises in verses 17-20 about the security that the Holy Spirit gives Christians? What difference does this make to your life?

The Holy Spirit helps us to obey Jesus' commands (v.21-26)

Why does Jesus repeatedly emphasise that those who truly love him will obey his commands? How does this fit with the idea of grace?

How does the Holy Spirit help us to obey Jesus (see v.25-26, and also Ezekiel 36:27)?

Can you think of any examples of being strengthened to choose Jesus' way recently, and how can we be thankful for the Spirit's help?

The Holy Spirit causes us to experience heavenly peace (v.27-31)

Instead of pressure, what did Jesus promise his disciples and why?

If 'peace' is one of the fruit of the Spirit (Galatians 5:22-23), what is your experience of having a peace in situations that you wouldn't naturally have?