



1. The **Holy Spirit** causes people to believe in **Christ's salvation**.  
(2 Thessalonians 2:13-15)

2. The **Holy Spirit** helps believers **conquer sin**.  
(Romans 8:8-13)

3. The **Holy Spirit** provides assurance and **equips us sufficiently**.  
(Philippians 1:19-21)

## Questions for our Growth Groups on Tuesdays & personal reflection

### 1. The **Holy Spirit** causes people to believe in **Christ's salvation**.

Read 2 Thessalonians 2:13-15.

- How do we see each person of the Trinity at work here?
- If it is God who choose people to be saved, and the power to save comes from the Holy Spirit turning people's hearts to Jesus, why should we bother praying for non-believers and sharing our faith with them?
- Spend a few minutes together in prayer, thanking God for each other's salvation & committing to him those you know who are not yet believers.

### 2. The **Holy Spirit** helps believers **conquer sin**.

Read Romans 8:8-13.

- If we live by grace, why does Paul say that "we have an obligation" (v.12)? What is this obligation?
- Where does the power come from to "put to death the misdeeds of the body" (v.13 – see also v.11)?
- Read Galatians 5:19-22 which contrasts life by the flesh and life by the Spirit. Spend a couple of minutes in silence, asking the Spirit to speak...

### 3. The **Holy Spirit** provides assurance and **equips us sufficiently**.

Read Philippians 1:19-21.

- What assurance did the Holy Spirit give Paul here, & how might he do the same for us?
- In what ways do you need the Spirit to provide courage for you to live for Jesus at the moment?

How might the practice of 'statio' – pausing to pray in between each activity – help you to rely on the Holy Spirit in each situation?